



Lisa Earle McLeod Segment ideas

A sound bite savvy guest, Lisa is a producer favorite known for her ability to deliver entertaining, informative segments. Appearances include Good Morning America, ABC Radio, Ali & Jack and other nationals. Sample topics include:

How much guilt can you fit in a briefcase?

Five secrets to losing the working mommy guilt forever (and five ways your employer can help)

Are suburban husbands the gorillas in our midst?

Three ways to get your husband quit staring at the glass and get engaged with the kids.

Does Budha need Botox?

Why spirituality may be the secret to keeping your forehead firm and how loosing your looks can unlock the secrets of the divine.



Three ways to improve your marriage without the help of your husband

Simple things every woman can do that will make your man be a better husband tomorrow

Can you Blackberry your way to happiness?

The four mistakes most of us are making with technology

Five foolproof ways to choose a bathing suit or religion

How to make the best parts of your body and soul shine.

Can you become CEO by standing next to the water cooler?

Why friendship counts more than you think and how to avoid the four common career limiting mistakes people make in their relationships with co-workers.

When in-laws attack (or how to clean a snake bite)

How to survive your in-law's holiday venom.

Why TV is more interesting than church

How good TV taps into spiritual truths and why televised self-help may be taking the place of organized religion

Is Work-Life balance is a crock?

The four-letter word that is the true secret of all success and why striving for balance is the surest way to drive yourself insane.

7 Friends Nobody Needs

The whiner, the leech, the yakker and other bad friends. How to spot them and how to dump them.

Are girlfriends the new competitive advantage?

Why oxytocin releasing girl friend gatherings are the best way to boost yourself to the top of your profession

